

. STRI ROGA & PRASUTI TANTRA (GYNECOLOGY & OBSTETRICS)

Prasuti Tantra & Stri Roga is a significant branch of **Ayurveda** mainly dealing with **Child Birth/Parturition (Prasuti Tantra/Obstetrics)** and **Disorders of Female Reproductive System (Stri Roga/Gynecology)**

- Ayurveda approach for a healthy progeny by **Garbhasanskara** includes pre conception counselling, pre conception Shodhana karma for both partners; Education about normal pregnancy and changes occurring during pregnancy **Garbini paricharya** (Ahara & Vihara during pregnancy), yoga, mantra, and music therapy are practicing.
- Unique **Ayurveda** modality for Normal delivery, **Basti Karma** (Medicated enema with oil or ghee) is administered to pregnant women during 8th & 9th month and **Yoni pichu** before the deliver for easy the process of delivery and to prevent complications.
- Specialised unique Ayurveda treated for **Vandhyatawa (Infertility)** cases by **Uttara Basti** and other medications.
- Department includes providing Ayurvedic Medical Care and Treatment for various diseases of female like **Anartav (Amenorrhoea)**, **Artav kshaya (scanty flow)**, **Artava dushti (irregular cycles)**, **Asrugdara (menorrhagia)**, **Garbhashaya shotha**, cysts related to **Beeja granthi**, **Shroni shotha (Pelvic Inflammation)**, **Kashtartav (Dysmenorrhoea)**, **PCOD, Thyroids** etc.
- To enhance clinical acumen various treatment modalities for following Gynecological Conditions in the form of **Sthanika chikitsa** by **Yoni prakshalan**. **Yoni abhyanga**, **Yoni dhavan (douch)**, **Pichu application (tamponing with medicate oil/ghee)**, **Uttara basti (Intrauterine instillation of oil/ghee)** etc. are regularly practiced.
- Hospital provides well equipped **Labour Room** and **Operation Theatre** for **Normal delivery**, Minor procedure like **Uttara basti**, **D&C**, **CuT insertion**, **Caesarean section**, **Hysterectomy**, **Tubectomy**, and many other procedures.